

Top 10 Things You Can Do for a Successful Re-Entry into the Community

While each individual's journey will be unique, this is a list of common things to consider to help make the transition from custody to community as smooth as possible.

Print this list to keep your Reentry momentum on track

1. Find safe and stable housing.
2. Find a stable source of food.
3. Learn about transportation options and obtain stable transportation.
4. Gather important documents such as birth certificate, social security card, ID card, or driver's license.
5. Learn if you qualify for Medi-Cal coverage and CalFresh (food stamps).
6. Go to a One-Stop, job assistance center, or employment program for resume assistance and job resources.
7. Resolve any child support or legal issues.
8. Take care of your medical needs such as prescription refills, dental, vision, physical examination, HIV/STD/Hepatitis testing, and treatment.
9. Build a positive support system of friends, family, and other helpful people.
10. Attend community support meetings, such as AA, NA, Ex-Offender Reentry programs and/or faith community meetings.

Dial 2-1-1 to be linked to a live, highly-trained, Information & Referral Specialist who will help you navigate through your situation by assessing your needs and then matching you to the most appropriate resources in your community. Assistance is confidential and offered in more than 200 languages. You can also visit 211sacramento.org or 211ca.org.

Checklist adapted from:

<http://www.sdcounty.ca.gov/hhsa/programs/phs/sdreentrytoolkit/PHReentryBrochure.pdf>
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